



FREE

Local  
Postal  
Customer

PRSR STD  
ECRWSS  
US POSTAGE  
PAID  
EDDM Retail

February 27, 2016

## Wheelchair fundraiser inspires sportsmanship and community spirit

by Chelsea Dill

“A little to the right,” 9-year-old Brendan White says to his mother. It’s January 14, and Mary White adjusts the oversized soccer ball and rolls it to her son in the Houghton Elementary School gymnasium. Brendan deftly turns his high-powered Strike Force wheelchair and sends the ball flying smoothly across the room. His third-grade classmates applaud and cheer his athleticism and his success as a wheelchair athlete.



Brendan White in his Strike Force wheelchair.

PHOTO by Chelsea Dill

“A wheelchair athlete is just like everyone else,” Houghton’s physical education teacher, Mike Walsh, tells students before they watch a video of White playing power soccer with other wheelchair athletes in New Hampshire. An avid sports fan, White has always enjoyed watching football, hockey, and baseball. Although born with Spinal Muscular Atrophy, the condition didn’t stop his passion for sports. At age 5, he began playing pee-wee wheelchair soccer and participated in the Special Olympics at Wachusett Regional High School. In 2014, he found his niche playing power soccer on a team with other wheelchair athletes of different ages and disabilities.

Initially, he used a loaner wheelchair that didn’t have as many features as the Strike Force, the high-tech wheelchair that many of his teammates used. Owning

during that time his longtime aide, Marie Bowker, came up with a game-changing idea. Bowker initiated a fundraiser to obtain the balance of the funds needed to purchase a Strike Force wheelchair.

a more powerful wheelchair with updated features would increase Brendan’s ability to maneuver throughout the game and push the ball with greater force.

The cost of the Strike Force wheelchair ranges from \$8,000 to \$10,000. Mary White began applying for a grant from the Challenged Athletes Foundation to help defray the cost. Teacher Mike Walsh provided a recommendation letter. “Over the years I’ve been Brendan’s teacher, I’ve learned that he’s fearless. He’s a very deserving athlete.” Walsh has routinely adapted and invented games and activities to enable Brendan’s full participation in sports.

The family secured a grant to cover \$2,500 of the cost. But in April 2015, Brendan underwent surgery and it was

SterlingMeetinghouseNews.com	
In This Issue	
Letters & Editor Note	2
Announcements	4
TV	5
Town News	6-7
School News	8-9
Business News	10-11
Local Happenings	12
Library News	13
Recreation	14-15
Senior News	16-17
Bits & Pieces	18-19

**Presidential Primary is Tuesday, March 1**  
**Vote at Houghton Elementary School**  
**32 Boutelle Road, Sterling**  
**7 a.m. to 8 p.m.**  
**Questions? Call the Town Clerk’s Office 978-422-8111, X 2307**

**KAREN PACKARD**  
**Realtor®**  
 Call or Text: 978-407-2568  
 email: kpackardrealtor@gmail.com

OPEN DOOR Real Estate and more... 11 Main St. Sterling MA

**NEW!**  
**Drone video and interior video tour standard with all listings!**

## LETTERS

### Sterling RTC supports Susan Smiley

At its meeting on January 11, the Sterling Republican Town Committee voted unanimously to support and endorse Susan Smiley for re-election to the Massachusetts State Committee as State Committee Woman. Susan Smiley has been a very important part of the Sterling Republican Town Committee, keeping the committee up to date on state involvement, updated notices and complete support and backing in events we have held on behalf of the Massachusetts GOP and the Republican Party. This committee feels the re-election of Susan Smiley to the State Committee would be a total positive result of our upcoming election.

Sterling Republican Town Committee

### Letters to the Editor

Letters should be no more than 350 words, and must include your name, address, phone number and signature. Send email to [lex@sterlingmeetinghousenews.com](mailto:lex@sterlingmeetinghousenews.com) or mail to: Sterling Meetinghouse News, PO Box 914, Sterling, MA 01564.

*We reserve the right to edit letters for length.*

## EDITOR'S NOTE

As much as we all seem to love arguing about politics, and especially complaining about politicians and their policies, antics, and general deportment, we are strangely lax and complacent when it comes to the most important thing we can do as citizens. Voter turnout throughout the country is notoriously low. With both our Massachusetts State Primary and town election coming up over these next few weeks, we all have, not only an opportunity, but a responsibility, to exercise our constitutional right. So, get out there and vote, Sterling!

– Lex Thomas

Jay Abboud

*Jay's*  
**AUTO SERVICE**



All Vehicle Repairs  
Specializing in Foreign Cars

Special On Brakes • Oil & Filter Change \$25 (semisynthetic)  
Specialize in Electrical Repairs

62 Leominster Road, Sterling, MA 01564 | P978.422.5100 | F978.422.5101



# Sterling

## MEETINGHOUSE

### NEWS

The Sterling Meetinghouse News is published by Barbato Media LLC, PO Box 914, Sterling, MA 01564  
[www.SterlingMeetinghouseNews.com](http://www.SterlingMeetinghouseNews.com)  
978-422-9824 • [mail@SterlingMeetinghouseNews.com](mailto:mail@SterlingMeetinghouseNews.com)

For advertising information send an email to [mail@SterlingMeetinghouseNews.com](mailto:mail@SterlingMeetinghouseNews.com) or call 978-422-9824.

The next issue will publish March 19.

The advertising and copy deadline is Wednesday, March 9th. Items received after the deadline will be included if space is available.

Publisher • Mark Barbato

Editor • Lex Thomas

Contributors • Chelsea Dill and Lex Thomas

Advertising Sales • Mark Barbato

Art Director • Kimberly Morse

The Sterling Meetinghouse News is mailed free of charge to all postal patrons of Sterling.

We are not liable for typographical errors in advertisements.

## VILLAGE PIZZA

Pizza, Subs, Syrian Pockets & More...

Serving the  
Town of Sterling  
since 1986

978-422-7166

Open Every Day  
from 11am to 10pm

239 Worcester Road • Sterling



## FARRAGHER & HENEBRY LLP

*Business & Tax Consultants*

Robert M. Farragher

Clark W. Henebry, CPA

156 Church Street, Clinton, MA 01510

(978) 368-8958 • Fax: (978) 368-7848

[mail@fandhacctg.com](mailto:mail@fandhacctg.com)



**AVAYA**

BUSINESSPARTNER  
Agent of NTS Direct

**Communications**

Business Telephone Services  
Certified Voice / Data Cabling  
CCTV Security Surveillance Systems

Eric L. Steinberg  
Owner  
eric@elstelcom.com

[elscommunications.com](http://elscommunications.com)  
978-563-1672

## CLINTON OFFSET *Printers*

- Digital Color Copies • Graphic Design
- Large Format Printing • Labels
- Window Lettering • Signs
- Short-Run Digital Color Printing

978-365-4396 • cop@verizon.net  
[www.clintonoffset.com](http://www.clintonoffset.com)

*Over 50 Years of Quality Service*

## JEFF DOWNER

### CARPENTRY & CONSTRUCTION

- Remodeling
- Additions
- Custom Decks
- Tile & Stone Work
- Windows & Doors
- Finish Carpentry
- Handyman Services
- Custom Built-ins

*Licensed and Insured*

508-835-4356 • jtdowner@yahoo.com  
[www.jeffdownercarpentry.com](http://www.jeffdownercarpentry.com)

## Snowplowing and Sanding

### M & S Landscaping

FREE ESTIMATES  
FULLY INSURED



COMMERCIAL & RESIDENTIAL  
18 YEARS EXP.

Mowing • Dethatching • Bark Mulching  
Spring & Fall Cleanups • New Lawn Installations  
Trees & Shrubs Planting • Pruning

978-360-9523 • "Great Prices & Excellent Service"

Let Our Experience Be Your Protection

## PAULA K. ABERMAN ASSOCIATES, INC.

[www.paulasavard.com](http://www.paulasavard.com)



PAULA K. SAVARD  
ABR, CRB, CRS, GRI

2086 MAIN ST.  
LANCASTER  
978-537-4971



GAIL LENT  
ABR, CRS, GRI



ROBIN DUNBAR BAIN



LINDA BARRY



MOISES COSME



SHERRY CROCKER



SANDRA DERIENZO  
ABR, GRI



MARK GERBER



PETER HALEY



JOHN KEEFFE



ANNAMARY KRAEMER  
CRS



YASMIN LOFT



NICK MASSUCCO



HANNAH MEYER



TRACY PAGE



TRACY SLADEN

Conference Center  
486 Chestnut Street  
(Suite 11),  
Gardner, MA 01440



**Sterling - \$289,900** 4 br 1 1/2 bath colonial, in town turn of the 20th century colonial. 8 rooms, 4 bedrooms with two additional rooms in the walkout basement. Garage workshop has full storage loft above Dog kennels, paddocks not included. Sterling town beach for residents only.

Paula Savard 987-537-4971 x 14 • [www.paulasavard.com](http://www.paulasavard.com)

# ANNOUNCEMENTS



**Surety Services, NE**  
[www.ttiai.com](http://www.ttiai.com)

**Insurance for Home,  
 Auto & Business**



**Richard C. Traina**

- Accredited Advisor in Insurance, AAI
- Certified Insurance Counselor, CIC
- Construction Risk Insurance Specialist, CRIS
- Licensed Insurance Advisor

**44 Main Street  
 Sterling, MA  
 01564-0489  
 978-422-7700**

**Richard@ttiai.com**

**ARE YOU  
 COVERED?**

## Caryn Gorczynski earns top honors

Caryn Gorczynski has received the 2015 CENTURION Award from the Century 21 Masters Awards Program. Her high sales production, and dedication to her customers and community have helped her earn this outstanding achievement.

Gorczynski has also been named in the Top 30 Century 21 Brokers in Eastern New England. This is an exclusive recognition honoring the top producing sales professionals.

Caryn Gorczynski is with Century 21 Center Home Team, located at 27 Main St., Sterling.

## History and dance to benefit Sterling Grange

Sterling Grange will celebrate history and the arts with a trio of performances by the Small Planet Dancers of Westfield. "Dance Through the Ages of the Grange" will feature authentic dances of three important periods in the history of the Grange. History will come to life through period dances, music, and costume of the Civil War era, World War I, and the changing times of the 1950s to the 1980s. Performances on Saturday, March 19, Saturday, April 16, and Saturday, May 14 at First Church in Sterling, 6 Meetinghouse Hill Road. All performances begin at 7 p.m. Tickets, sold as a trio for all performances, \$30 adults, and \$15 children ages 6 to 10. Available at Conant Public Library or mail payment to Sterling Grange, 26 Glenwood Place, Rutland, MA 01543. Cash or checks payable to Sterling Grange accepted.

Anyone wishing to support this dance series through a donation of \$50 or \$25 will be listed as a Patron or Friend respectively in all program handouts. All proceeds will benefit the Grange Hall Renovation Fund. These events are presented with the support of the Sterling and Massachusetts cultural councils.

## Wachusett Food Pantry March distribution

The WFP provides monthly emergency food to any family with either a short- or long-term need. Residents of Sterling, Holden, Paxton, Princeton, and Rutland are eligible. Proof of residency is required. Located in the Cream Crock Distribution Building, 50 Worcester Road (Route 12), Sterling. Distribution Friday, March 18 for seniors, and Saturday, March 19 for the public, 9 to 11 a.m. Donations of non-expired food items, personal care products, and paper goods are gratefully accepted. Clean, intact plastic bags are also required. For information, call 978-563-1064, email [wfp@wfp1995.org](mailto:wfp@wfp1995.org), or visit [wfp1995.org](http://wfp1995.org).

## Wachusett Food Pantry needs your help

WFP needs your help throughout the winter. Volunteers are needed for monthly food distribution days (Fridays and Saturdays), 9 to 11 a.m. New volunteers arrive at 8:30 a.m. for orientation. Volunteers are also needed for monthly sorting of donated foods. Adults and high school youth are welcome. For more information, contact WFP at 978-563-1064, email [wfp@wfp1995.org](mailto:wfp@wfp1995.org), or visit [wfp1995.org](http://wfp1995.org).

## Advertise in Sterling Meetinghouse News

Contact Mark Barbato  
 at 978-422-9824  
 or  
[marksterlingmeetinghousenews@outlook.com](mailto:marksterlingmeetinghousenews@outlook.com).

## Judy Potter

**CERTIFIED  
 PERSONAL TRAINER**

*TRX and RIP Training*  
 I can train you in your home!!



Please contact me at 508-561-6252 or [jmpotter@comcast.net](mailto:jmpotter@comcast.net) for an appointment!!

## Sterling PLUMBING & HEATING

Heating Technician

**(978) 422-8900**

**Fast In-Town Service  
 Licensed and Insured**



## HENDRICKSON Advertising, Inc.

Screen Printing

- Decals • Posters
- T-Shirts • Caps

**In-House Embroidery**

Route 12, Sterling  
 978-422-8087

LET US GIVE YOU A HAND  
AT PLANNING YOUR NEXT  
DISNEY VACATION.



©Disney - RTSGLQ-15-43208

Connect with us today for your Disney vacation.  
We'd love to help make wishes come true for you!

Laura Bourget  
MickeyTravels, LLC  
lbouget@mickeytravels.com  
(508) 868-6718



**You have to see Kitchen Associates  
New Showroom! It is room after room  
of beautifully designed kitchens.**

If you are building a new home or remodeling, my wife and I highly recommend Kitchen Associates. We are enjoying the amazing functionality of our kitchen. You can view some of their kitchen and bath masterpieces on their website, including my own kitchen!



**New England's largest kitchen showroom is in your own hometown. That's impressive!**



**KITCHEN ASSOCIATES**



76 Leominster Road, Sterling  
800-788-0733 • www.kitchenassociates.com  
M-F 9am-5pm • Wed till 7pm • Sat 10am-4pm

**Largest Kitchen Showroom in New England**

**Sterling-Lancaster Community TV**

**Broadcast Schedule Feb. 27th to Mar. 4th, 2016**

Comcast Channel 8

Saturday	Genre
12:00 AM Midnight Mausoleum Track of the Moonbeast	Variety
4:00 AM Midnight Mausoleum Track of the Moonbeast	Variety
6:30 AM Your Federal Government - FEMA	Interview
8:00 AM Village Church Service	Religion
10:00 AM AUC College Church Service	Religion
11:30 AM Colour In Your Life - Graeme Stevenson	Hobby
12:00 PM Community 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Explore - Adrenaline	Documentaries
2:00 PM Community 8 Community Updates	Science
2:30 PM Pawdoption	Animals
3:00 PM Colour In Your Life - Graeme Stevenson	Hobby
4:00 PM Childrens Corner - Sand Witch	Children
5:00 PM Mary Rowland Elementary Winter Concert	Music
6:00 PM Harmonies - American Beauties	Music
7:00 PM Explore - Adrenaline	Documentaries
8:00 PM Community 8 Community Updates	Science
8:30 PM Pawdoption	Animals
9:00 PM Colour In Your Life - Graeme Stevenson	Hobby
10:00 PM Your Federal Government - FEMA	Interview

Sunday	Genre
12:00 AM Midnight Mausoleum Track of the Moonbeast	Variety
4:00 AM Midnight Mausoleum Track of the Moonbeast	Variety
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
1:00 PM Explore - Adrenaline	Documentaries
2:00 PM Colour In Your Life - Graeme Stevenson	Hobby
3:00 PM Community 8 Community Updates	Science
3:30 PM Pawdoption	Animals
4:00 PM Childrens Corner - Sand Witch	Children
5:00 PM Mary Rowland Elementary Winter Concert	Music
6:00 PM Harmonies - American Beauties	Music
7:00 PM Explore - Adrenaline	Documentaries
8:00 PM Community 8 Community Updates	Science
8:30 PM Pawdoption	Animals
9:00 PM Colour In Your Life - Graeme Stevenson	Hobby
10:00 PM Your Federal Government - FEMA	Interview

Monday-Friday	Genre
12:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
4:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Dish It Out - Bread Pudding	Cooking
10:00 AM Visions For Health - Adrenals	Health
11:00 AM Contemporary Science - Geometry of Nature	Science
12:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
1:00 PM Explore - Southwest Borderlands	Documentaries
2:00 PM Church Services	Religion
4:00 PM The Childrens Corner - Forever Fireman	Children
5:00 PM Harmonies - Steffilas Stone	Music
6:00 PM Assabet Mastersingers - Sunrise Mass	Music
7:00 PM Explore - Southwest Borderlands	Documentaries
8:00 PM Contemporary Science - Geometry of Nature	Science
9:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
10:00 PM Barbara and You	Interview

**Broadcast Schedule Mar. 5 to Mar. 12, 2016**

Comcast Channel 8

Saturday	Genre
12:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
4:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM AUC College Church Service	Religion
12:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
1:00 PM Explore - Southwest Borders	Documentaries
2:00 PM Contemporary Science - Geometry of Nature	Hobby
3:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
4:00 PM Childrens Corner - Forever Fireman	Children
5:00 PM Harmonies - Steffilas Stone	Music
6:15 PM Assabet Valley Mastersingers - Sunrise Mass	Music
7:00 PM Explore - Southwest Borders	Documentaries
8:00 AM Contemporary Science - Geometry of Nature	Hobby
9:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
4:00 AM Midnight Mausoleum - Dawn Of The Mummy	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
1:00 PM Explore - Southwest Borders	Documentaries
2:00 PM Contemporary Science - Geometry of Nature	Hobby
3:00 PM Colour In Your Life - Yelena Ddyumin	News
4:00 PM Childrens Corner - Forever Fireman	Children
5:00 PM Harmonies - Steffilas Stone	Music
6:15 PM Assabet Valley Mastersingers - Sunrise Mass	Music
7:00 PM Explore - Southwest Borders	Documentaries
8:00 PM Contemporary Science - Geometry of Nature	News
9:00 PM Colour In Your Life - Yelena Ddyumin	Hobby
10:00 PM Barbara and You	Interview

Monday-Friday	Genre
12:00 AM Midnight Mausoleum - Gammera the Invincible	Entertainment
4:00 AM Midnight Mausoleum - Gammera the Invincible	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Dish It Out - Blue Prawn	Cooking
10:00 AM High Five Fitness - Ep.7	Health
11:00 PM Colour In Your Life - Patrick Owen	History
12:00 PM Channel 8 community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Explore - Arctic Change	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Nuts n' Stuff	Children
5:00 PM Valley Homegrown - John Coster	Music
6:00 PM The Song - Lisa Martin	Music
7:00 PM Explore - Arctic Change	Documentaries
8:00 PM Channel 8 community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Colour In Your Life - Patrick Owen	Hobby
10:00 PM Barbara and You	Interview

**Please note this schedule is subject to change.  
Refer to www.slctv.us for any updates.**



PHOTO by Lex Thomas

Let the move begin into the new Sterling Senior Center.

### Starting the move to the new Senior Center

On Saturday, February 27, volunteers and community members will begin moving “non-essential” items to the new Sterling Senior Center, located at 36 Muddy Pond Road. Anyone interested in lending a hand and a bit of time is welcome to meet up at the Senior Center in the Butterick Municipal Building at 9 a.m. Teams will be set up to load and unload at both the old and new locations.

According to Maureen Cranson, Chair of the Senior Center Building Committee, the next stage of the move is expected to take place in two to three weeks, once cables and other essential services are installed.

### Remember to license your dog

Fee is \$12 per dog for intact males and females, and \$8 per dog for neutered males and spayed females. Include a copy of rabies certificate. Payment can be made in person, dropped into the box outside the Butterick Municipal Building, or mailed to the Town Clerk’s Office, 1 Park St., Sterling, MA 01564. Add \$2 to have tag(s) mailed back to you. Licensing fee waived for residents over 70, but rabies certificates and tags are still required.

Inform the Town Clerk’s Office if dog is deceased, so information can be removed from computer database.

Failure to obtain a license by April 15 will result in a \$25 fine in addition to the cost of the license. For more information, call 978-422-8111, ext. 2307.

### Spring Rabies and Microchip Clinic

The town of Sterling is holding a Rabies and Microchip Clinic at VCA Sterling Animal Hospital (formerly known as Sterling Veterinary Clinic), 4 Clinton Road (Route 62), Sterling, on Saturday, March 12. \$12 per rabies vaccination, cash or check only. All towns are welcome.

Bring cats in carriers from 9 to 10 a.m., and dogs on leashes from 10 to 11 a.m. Rabies vaccinations will be valid for one year from March 12, 2016. To qualify for 3-year status, proof of two vaccinations administered within nine to 12 months must be provided. No exams will be performed during the clinic.

Microfindr™ microchips will be available for \$48.50, including lifetime registration.

Sterling’s Animal Control Advisory Board members will be available to assist and answer questions. For more information, call Animal Control Officer Louis

## Sterling Masonry

Residential • Commercial



**978-422-7396**

- Free Estimates
- Licensed & Insured

Specializing in:

- Fireplaces
- Walkways
- Chimney Repairs
- Stonework
- Cultured Stone
- Retaining Walls

[www.sterlingmasonrycompany.com](http://www.sterlingmasonrycompany.com)



### All Phases of TREE SERVICE

- Stump Grinding
- Emergency Storm Services

109 Chace Hill Rd., Sterling  
978-706-1038  
[www.FavreauForestry.com](http://www.FavreauForestry.com)



**Barbara Hines**  
Realtor/Broker Associate  
RE/MAX Vision  
Contact me for a Complimentary Market Analysis or Buyer Consultation  
*Seller and Buyer Representation*



978-479-8415 • [barbarahines@remax.net](mailto:barbarahines@remax.net)

[www.barbarahines.com](http://www.barbarahines.com)




## Town NEWS

Massa at 978-422-7331. The Assistant Town Clerk for the Town of Sterling will be at the clinic licensing dogs for 2016 (for Sterling residents only).

### Return your Census form

Census forms have been mailed to Sterling households, as required by state law. Residents can drop off their completed form in the outside box in front of the Butterick Municipal Building, or mail it to the Town Clerk's Office, 1 Park St., Sterling, MA 01564. If someone has moved, they cannot be removed from the voting list unless their signature is on file with their new address. Census information is used by the state to allocate funds for schools, roads, and other aid, and by local police and fire departments to obtain accurate household information for public safety.

### Nomination papers now available

Nomination papers are available in the Town Clerk's Office for the May 9 Annual Town Election. Only 39 certified voters' signatures are required to have your name placed on the ballot. Last day to submit nomination papers to the Town Clerk is March 21. Last day to withdraw from the race is April 6.

#### Available seats:

- (1) Board of Assessors – 3-year term
- (1) Board of Health – 3-year term
- (2) Library Board of Trustees – each a 3-year term
- (1) Board of Selectmen – 3-year term
- (1) Constable – 3-year term
- (1) DPW Board – 3-year term
- (1) Sterling Housing Authority – 5-year term
- (1) Planning Board – 5-year term
- (1) Sterling Municipal Light Board – 3-year term
- (1) Wachusett Regional School District Committee – 3-year term

For information, contact Dawn Michanowicz, Town Clerk, at 978-422-8111, ext. 2308



#### 2016 Election dates

Tues., March 1  
Mon., May 3  
Mon., May 9  
Thurs., September 8  
Tues., November 8

## Final Palm Sunday Promenade coming in March

The 25th and final Palm Sunday Promenade for People will take place on Sunday, March 20. Organizers hope to raise \$20,000 from this year's walkers and sponsors. Over the past 25 years, the event has raised over \$160,000. All funds have been distributed to many worthwhile charities, including Sister Villages which supports our sisters in Guatemala, The Mustard Seed food pantry in Worcester, Dismas House, a half-way house in Worcester for former convicts returning to society, Interfaith Hospitality Network of Greater Worcester, and Our Father's House. Over the past few years, the organization has reserved a portion of funds to assist local residents, whose needs have been recognized by local pastors.

Registration for the Palm Sunday Promenade for People will begin at 1 p.m. at First Church in Sterling. The walk will return to the center of Sterling via the Sterling Rail Trail, and will conclude with a spaghetti dinner hosted by Sister Villages at St. Richard's parish hall. Everyone is welcome to participate in the walk or sponsor a walker. Pledge envelopes are available at First Church in Sterling, St. Richard's, Hope Chapel, and the Sterling Seventh-day Adventist Church. For more information or to make a donation, call Paul or Susan Jones at 978-422-7861.

### Upcoming elections:

	Deadline to change address or party
Presidential Primary	Wed., February 10, 2016
ANNUAL TOWN MEETING	
ANNUAL TOWN ELECTION	Tues., April 12, 2016
State Primary	Fri., August 19, 2016
National Election	Wed., October 19, 2016



## Creature Comforts

Professional Pet Grooming  
for Cats and Dogs

978-422-7900

80 Maple Street, Sterling, Massachusetts  
creature\_comforts@comcast.net



## RUCHALA Chimney Sweeping

Sweeping • Chimney Liners  
Pellet Stove Cleaning

Doing Santa's dirty work since 1993!

Stephen E. Ruchala, Jr., Owner  
sruchala@verizon.net  
Hubbardston, MA  
978-928-1121  
www.RuchalaChimney.com

CS SL SF 104002, BU 144504  
CSIA Cert #6483, HIC #166448



### Village Green Preschool announces 12th annual scholarship

Village Green Preschool in Sterling is now accepting applications for a \$1,000 scholarship awarded to a graduating senior who attended the preschool and plans to attend a two- or four-year accredited college or university. Applications are available in the guidance department of local high schools and by email from the preschool office. For more information, contact Preschool Director Linda Greene at 978-422-8256 or Villgreene@aol.com, or Scholarship Committee Chair Laura Darrow at 978-235-5515 or lauraebyron@gmail.com. Completed applications must be postmarked by April 1.

### Sterling Women’s Club accepting scholarship applications

The Sterling Women’s Club is now accepting scholarship applications from Sterling residents entering college in the fall. Applications are available at sterlingwomensclub.info, Conant Public Library, the guidance office of area high schools, and by email at SWC01564@gmail.com. Completed applications must be postmarked by April 1.

### Sterling EMS scholarship applications

Sterling EMS, Inc. offers two annual scholarships. The \$500 Standard Scholarship is awarded to a Sterling resident enrolled in a medically-related training program. The \$1,500 Memorial Scholarship is awarded to a Sterling resident entering an undergraduate post-secondary educational program in a medically-related field. Applicants must be graduates or upcoming graduates of an accredited high school, possess a GED (or alternative), or have taken the Commonwealth of Massachusetts competency test for home schooled/alternatively schooled individuals. Applications are available at the Sterling Fire Department, Conant Public Library, and Butterick Municipal Building in Sterling, as well as in the guidance department of area high schools. Application deadline is April 30.

### Entrance exams for Monty Tech’s Practical Nursing Program

Those interested in enrolling in Montachusett Regional Vocational Technical School’s Practical Nursing Program for Fall 2016 are required to take the TEAS (Test of Essential Academic Skills) entrance exam. The exam will be given at the school from 6 to 10 p.m. on March 7 and 28, and April 25. For more information, visit montytech.net. Applicants may register for the exam at atitesting.com.

### Wachusett Area Chamber scholarships

The Wachusett Area Chamber of Commerce will once again award scholarships to graduating seniors who

**WHITNEY BROS.**  
SINCE 1930  
PLUMBING • HEATING • AIR CONDITIONING



**Oil Delivery**  
**100 gallon minimum**

**Oil & Gas**  
**Service and Installations**

**Hot Water Heaters**  
**Heat Pumps**

 **WEIL-McLAIN**  **MITSUBISHI ELECTRIC**  
Cooling and Heating Solutions  **Buderus**

**whitneyoil.com**  
969 Main St., Clinton  
**978.365.2644** | [barry@whitneyoil.com](mailto:barry@whitneyoil.com)

Trucks & Trailers Service "Serving all of New England"

**Matthews Towing & Recovery**  
**Heavy Duty Towing & Road Service**  
29 Legate Hill Rd., Sterling, MA 01564

(Office) **978-422-0079** (Fax) **978-422-0278**



## School NEWS

reside in the Wachusett area. Thanks to support shown by the business community, the Chamber will offer up to three \$2,000 scholarships to high school seniors who plan to pursue full-time business studies at a two- or four-year college. Students must reside in Boylston, Holden, Paxton, Princeton, Rutland, Sterling or West Boylston. Applications are available in the guidance department of area high schools and at [wachusettareachamber.org](http://wachusettareachamber.org). Mail completed applications to the Wachusett Area Chamber of Commerce, 1174 Main St., Holden, MA 01520. Deadline is April 30. Winners will be announced prior to high school graduation and awards will be presented at the Chamber's annual meeting in June.

### Chocksett Club scholarship application available

The Sterling Chocksett Club Scholarship application is available in the guidance department of area high schools and at Conant Public Library. Applications must be postmarked on or before May 1. Applicants must be Sterling residents. For more information, contact Loret Schur at [loret.schur@gmail.com](mailto:loret.schur@gmail.com).

### Applewild School Meet and Greet

Prospective families are invited to meet Applewild School's kindergarten and first grade teachers on Tuesday, March 1, at 8:30 a.m., 120 Prospect St., Fitchburg.

Unlike area public schools, Applewild School does not apply a birthday cutoff date for prospective students. However, a kindergarten readiness screening is a part of the application process. Supervised activities will be available for children attending with their families. Walk-ins welcome, but registration at [applewild.org/winter](http://applewild.org/winter) is preferred.

### The Addams Family coming to Nashoba Regional High School

They're creepy and they're kooky, mysterious, and spooky. America's craziest family takes to the Nashoba Regional High School stage in a sensational musical adaptation of cartoonist Charles Addams's charming and macabre family. Performances will take place March 18 and 19, at 7:30 p.m., and March 20, at 2 p.m. at the NRHS auditorium, 12 Green Road, Bolton. To order tickets, visit [NashobaDrama.com](http://NashobaDrama.com).

### Lancaster school performs original musical

Luther Burbank Middle School Drama is proud to present *A Fairy Tale Life? A Musical* on Friday, March 11, and Saturday, March 12, at 6:30 p.m., at the Mary Rowlandson Elementary and Luther Burbank Middle School Auditorium, 103 Hollywood Drive, Lancaster. Tickets \$6 adults, \$4 students and seniors, available at the door. For advance tickets, email [lbmsdramaclub@gmail.com](mailto:lbmsdramaclub@gmail.com).

# Century 21 Center Home Team



*Spring market is almost here!*



*Call us today for a **FREE** market analysis on your home. We help with every step of your move, starting with home staging and ending with movers. Call today!*



**Caryn  
Gorczynski**  
617-240-6442

27 Main Street, Sterling



978-422-9800

[Homes@C21CHT.com](mailto:Homes@C21CHT.com)

**Clara  
Gorczynski**  
508-335-4130



[C21CHT.com](http://C21CHT.com)



## Grooming Studio

27 Main St. (rear)  
Sterling  
**978-422-6406**  
Professional  
Dog Grooming

Have you had your chimney inspected?  
Don't wait for expensive repairs!!!

### J&M Chimney Service

Inspections • Cleaning • Caps  
Waterproofing • Masonry Repair  
Re-lining • Flashseal  
Gutter Cleaning • Much more

**FREE ESTIMATES**

Joey Arsenault  
Owner Operated  
Licensed • Fully Insured  
Clinton, MA



**Call today! 978-733-1209**  
jandmchimney@gmail.com



## SOLAR & KILCOYNE, PC

*Certified Public Accountants*

Todd S. Solar, CPA     John F. Kilcoyne, CPA

- ◆ Individuals
- ◆ Nonprofits
- ◆ Trusts & Estates
- ◆ Businesses
- ◆ Construction
- ◆ Manufacturing

Leominster, MA • 978-537-2929  
www.solarkilcoyne.com



PHOTO by Lex Thomas

New restaurant coming to Sterling. The Brick Mexican Grill is expected to open this spring. Stay tuned!

# Let Us Do Your Yard Work!

- Lawn Mowing & Trimming
- Lawn Dethatching • Lawn Aeration
- Spring & Fall Cleanups
- Hedge Trimming & Pruning
- Garden Plowing & Tilling
- Bark Mulch Delivery & Application
- Field & Brush Mowing



## Charles Acres Farm STERLING

Call Kevin at 508-612-6462

**Business NEWS**

**Chamber hosts “Business After Hours”**

The Wachusett Area Chamber of Commerce will host a “Business After Hours” networking event on Tuesday, March 8, 5:30 to 7:30 p.m., at Webster First Federal Credit Union, located at 149 West Boylston St., West Boylston. The event, sponsored by Webster First Federal Credit Union, will feature networking, hors d’oeuvres by The Mill, and door prizes. Chamber members \$15, non-members \$20. To register, call 508-829-9220, email [info@wachusettareachamber.org](mailto:info@wachusettareachamber.org), or visit [wachusettareachamber.org](http://wachusettareachamber.org).

**Chamber discussion on freedom in business**

“Five Steps to Freedom in Business” is the subject of a Business Development Discussion offered by the Wachusett Area Chamber of Commerce on Wednesday, March 9, 8 to 9:30 a.m. in the Alden Research Laboratory auditorium, located at 30 Shrewsbury St., Holden. The workshop will be presented by Greg Aldrich, a business advisor with AdviCoach. The event is sponsored by Clearly Coworking. The discussion is aimed at business owners who may have lost the passion they once had for their business and those whose business demands all their time. Aldrich will discuss the steps required to move from being overwhelmed to taking back control and gaining the freedom business owners sought when they went into business.

Chamber members free, non-members \$5. Refreshments provided by The Bagel Inn. To register, visit [wachusettareachamber.org](http://wachusettareachamber.org).

**Visitors’ Guide promotes local attractions**

Discover Central Massachusetts, the region’s travel and tourism bureau, is compiling a Spring Visitors’ Guide to help tourists discover the many arts, museums, shops, restaurants, accommodations and recreation facilities that Central Mass has to offer.

The guide will be available in local hotels, shops and establishments throughout the region and is a great way to attract new visitors to your business. Single and double category listings are available. Listing deadline is March 11. For information, contact [sales@pagioinc.com](mailto:sales@pagioinc.com).

**CHEVALIER**  
PEST CONTROL 

Professional Results At Do-It-Yourself Prices

[www.chevalierpestcontrol.com](http://www.chevalierpestcontrol.com)

**Residential • Commercial**

Eric Chevalier  
Sterling, Ma

Cell 978-660-0294  
Toll Free 866-610-8003

**Don’t Let Your  
Insurance Company  
Tell You Where to Go.**

**We Work for YOU  
with All Insurance  
Companies.**

**Same Hourly Rate**



**STERLING**  
 **Auto Body**

**All Repairs Guaranteed\***  
for as long as you own your car

\*Exclusions apply, including tires, glass and rust repairs. Contact shop for details.

**Rental Cars and  
Towing Arranged**

**9 Chocksett Rd., Sterling  
978-422-6823**

**[sterling-autobody@comcast.net](mailto:sterling-autobody@comcast.net)**

*“We use environmentally  
friendly waterborne paint”*

**Bruce Hyche**



**R.S. #4193**

## LOCAL HAPPENINGS

# Wheelchair fundraiser inspires sportsmanship and community spirit

Continued from page 1

"It gave Brendan something to look forward to during his long recovery after surgery, and I was happy to do this small thing for this amazing family," says Bowker. Using the crowdsourcing website, GoFundMe, Bowker spread the word through Facebook about Brendan's love of the game, his need for the powerful wheelchair, and their joint goal of helping Brendan to realize his dream of physically participating in a sport. "When GoFundMe went viral, the community responded to Brendan's dream

and made it a reality," says Bowker. Within just a few days, to the amazement and gratitude of the White family, the goal was met.

In August, the custom-built wheelchair finally arrived. "He couldn't wait to get in it," says Brendan's father, Sean White. "Brendan would be in the chair all the time. He likes to practice till he gets it perfect."

Back in Houghton's gym, Brendan weaves in and out between orange traffic cones set up in a pattern, demonstrating his adeptness at handling his wheelchair with every skillful turn. He maneuvers like a pro, making tight turns around each cone. His favorite move is the spin kick, where he spins the wheelchair rapidly before sending the ball flying across the gym.

"Brendan has really honed his craft of being a wheelchair athlete," says Walsh.

This spring, Brendan will practice with his Northeast Passage Power Cats teammates. When he's on the court, his parents proudly watch their son live his dream, cheering him on. "We never thought he'd be able to play any sport," says Sean White. "We are so grateful for the support that people showed our family and Brendan in giving him this opportunity."

### Can you improve performance while reducing risk?

Learn what leading business schools know about the science of investing



Call for a complimentary consultation

Thomas W. Bodine, ChFC • Sterling resident  
email: [tbodine@3dadvisor.com](mailto:tbodine@3dadvisor.com)  
508-351-6026 or 978-368-8977



300 West Main St., Building B, Northborough

### Your Hometown Funeral Home



100 Worcester Road (Route 12) • Sterling  
978-422-0100



We are committed to providing the highest standards of funeral service with a comfortable and supportive environment to each family we serve.

**Richard S. Mansfield**  
Funeral Director

### Watson's Painting Service Interior/Exterior



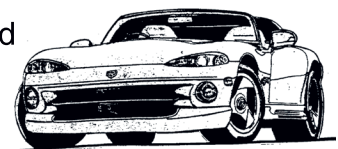
61 Redstone Hill  
Sterling, MA

Peter Watson  
978-422-3166

### Hi-TEC Automotive Services

Roger Aubin

41 Chocksett Road  
PO Box 681  
Sterling  
(978) 422-8244



## Library NEWS

### Lots happening at the Library

There's fun and activities for all ages at Conant Public Library, located at 4 Meetinghouse Hill Road, Sterling. Call 978-422-6409 to register for programs.

**Storytime** – Sign-up is currently underway for the next 6-week storytime series beginning March 6. Mondays at 2 p.m., ages 3 and up. Tuesdays at 9:30, ages 3 and up. Tuesdays at 10:30 a.m., ages 18 months to 3 years. Wednesdays at 10:30 a.m., ages 18 months to 3 years. Thursdays at 10:30 a.m., birth to 18 months. Registration is limited.

**Family movie night** – Tuesday, March 15, 6 p.m. The Peanuts Movie, rated G. Charles Schulz's beloved characters come to life in this computer animated comedy, featuring the adventures of Charlie Brown and his lovable beagle Snoopy. Registration required.

**Drop-in craft day** – Monday, March 21, 11 a.m. to 2 p.m., for youth of all ages. Staff and volunteers will be on hand to assist. No registration required.

**Children's drop-in coloring club** – Thursday, March 31, 4 p.m., for youth ages 5 and up. No registration required.

### PJ Donation Drive

Conant Public Library is participating in the 9th Annual PJ Donation Drive in partnership with the Boston Bruins and Cradles to Crayons. Drop off all pajama donations (sizes birth to age 12) until March 16 in the Children's Room.

### Adult coloring program

Conant Public Library is offering an adult coloring program. Discover the stress-reducing and relaxing benefits of coloring. Monday, February 29, at 6:30 p.m., in the Baker Room. No registration required.

### Parent's Night Out Book Club

Are you a parent who loves to read and talk about books? Let's read some family- and parenting- themed

contemporary fiction together! The Parent's Night Out Book Club will meet on the first Wednesday of each month, at 6:30 p.m., at Conant Public Library in Sterling. The first meeting is on Wednesday, March 2, to read and discuss Big Little Lies by Liane Moriarty. Books are available in the Children's Room. No registration required.

### Contemporary Book Club

Selection for the book club meeting on Thursday, March 17, 6:30 p.m., is Breaking Night by Liz Murray, available at the library. No registration required.

### Author talk with Susan West

If you've ever wondered whether Ayurvedic therapy could improve your health, Conant Public Library is hosting local writer and Sterling Meetinghouse News reporter Susan West, co-author of Walking with Vaidya: A Journey Into Ayurveda and Preventative Medicine, on Thursday, April 7, at 6 p.m. West will discuss her experiences with Ayurveda, a preventative medical model that focuses on physical, spiritual, and mental wellness along with eating correctly in an effort to reduce the need for conventional medicine. West will be available to sign copies of her book, which will be available for purchase, following the discussion. To register, call 978-422-6409.

**GROUND CONTROL Corp**  
5 Chocksett Road • Sterling, MA 01564  
978-422-6741



**Septic Pumping**  
Septic systems are maintained through preventative maintenance, such as septic pumping. When performed on a regular basis, pumping will protect the system and cost dramatically less than a repair or replacement. Without regular septic pumping, solids build up and enter the leaching field, which will lead to clogged pipes and system failure.



**MEADOWBROOK ORCHARDS**  
ESTABLISHED 1912

**FARM STORE AND BAKERY**  
209 Chace Hill Road • Sterling, MA  
[www.meadowbrookorchards.com](http://www.meadowbrookorchards.com)  
Open Daily (978) 365-7617

 Follow Us on Facebook

 **Breakfast and Lunch**   
7am-5pm

 **Order Your Easter Pies!**

**Hot Dinner Entrées on Fridays!**  
Pick Up from 4 to 6pm

## Recreation NEWS

### Easter Egg Hunt

Sterling Recreation's 9th Annual Easter Egg Hunt takes place on Saturday, March 19 at noon at Memorial Park (behind the Fire Station) for children in preschool through third grade. Hunting for colorful Easter eggs begins promptly at noon. There will be special prizes and a visit from the Easter bunny. Bring a basket and dress appropriately for the weather, as the hunt will take place even in snow. In case of rain, the hunt will be postponed to Sunday, March 20 at noon.

Sterling Rec has great programs for all ages. To learn about all programs and to register online, visit [SterlingRec.com](http://SterlingRec.com), call 978-422-3041, email [recreation@sterling-ma.gov](mailto:recreation@sterling-ma.gov), or stop by the office at 31 Main St., Sterling.

### Active Kids

**Twisted Kids Yoga** – Grades 1 to 4. Tuesdays, March 1 to April 5, 4 to 5 p.m. Houghton Elementary School. \$100/ spring session.

**Kids Zumba/Yoga** – Grades 1 to 4. Thursdays, March 10 to 31, 4 to 5 p.m. 1835 Town Hall. \$35/4-week session.

**After School Tennis** – Grades 1 to 4. Winter II, Wednesdays, March 2 to April 6, 4 to 5 p.m. Houghton Elementary School gym. \$100.

**Flag Football** – Grades K to 2, and grades 3 to 6.

Sundays, April 24 to June 19, noon to 3 p.m. Houghton Field. Practices and games are 1.5 hours. \$50/resident, \$70 after April 1, \$60 non-resident/\$80 after April 1. This is a non-contact sport open to boys and girls. For information, contact Amy Davis at [amymikelonis@hotmail.com](mailto:amymikelonis@hotmail.com).

### Arts, Creativity and More

**Cooking** – Grades 5 to 8. Tuesdays, March 1 to 22, 3 to 4:30 p.m. Chocksett Middle School cafeteria. \$120.

**After School Art Studio** – Grades 1 to 4. Mondays, March 14 to April 11, 4 to 5:30 p.m. Houghton Elementary School cafeteria. \$65.

**LEGO® Super Heroes** – Grades K to 2, April 18 to 22, 9 a.m. to noon at 1835 Town Hall. \$140.

**LEGO® Super Hero Masters** – Grades 3 to 5, April 18 to 22, 1 to 4 p.m. at 1835 Town Hall. \$140.

### Infant and Preschool Activities

**Music and Movement for Babies, Toddlers, and Preschoolers** – Session III, March 28 to June 6, 10 to 10:45 a.m., 1835 Town Hall. For information and registration, visit [ParkMusic.org](http://ParkMusic.org).

**Tiny Tot Play Time** – Infant to age 4. Wednesdays to March 30, Session II, April 6 to June 29, 9 to 11 a.m. 1835 Town Hall. \$30/3 months/family. Drop-in \$3/family/day.

**Drive Preschool Soccer** – Preschool with parent. Satur-



**M.J. FLANAGAN INSURANCE**

*"Let us help with your Personal & Business Insurance needs."*

215 Worcester Rd., Sterling • 978-422-7353  
800-372-7353 • [csteele@flanaganins.com](mailto:csteele@flanaganins.com)  
[www.mjflanaganinsurance.com](http://www.mjflanaganinsurance.com)



**STERLING VILLAGE**  
A Privately Owned Skilled Nursing and Rehabilitation Facility

2015  
Nursing  
Home  
Care  
Award

**SHORT TERM REHABILITATION • LONG TERM CARE  
WOUND CARE • RESPITE CARE • HOSPICE CARE**

**CALL OUR ADMISSIONS DEPARTMENT TODAY FOR A TOUR  
978-422-5111 EXT. 1229**

*We are conveniently located within minutes of Route 2, I-190 and I-290, Seven minutes from downtown Worcester, and 25 minutes from Route 495.*

18 Dana Hill Road Sterling, MA 01564  
[www.Sterling-Village.com](http://www.Sterling-Village.com)

**Recreation NEWS**

days, April 30 to June 11, 8 to 9 a.m. Houghton Field. \$75.

**Active Adults and Teens at 1835 Town Hall**

**Booty Barre** – Thursdays, 5:30 to 6:30 p.m., March 3 to April 7. \$62/session, or \$13/class.

**Gentle Yoga** – Thursdays to March 3, 10:30 to 11:30 a.m. \$13/class. Session IV, March 10 to May 5. \$70/session, or \$13/class.

**Yoga for All** – Thursdays to March 3, 7 to 8 p.m. \$13/class. Session IV, March 10 to May 5. \$70/session, or \$13/class.

**Pick-Up Basketball**

**Men's Pick-Up Basketball** – Wednesdays, 6:30 to 9:30 p.m. Chocksett Middle School gym. \$25/season, Sterling residents only.

**Women's Pick-Up Basketball** – Mondays, 6 to 7:15 p.m. Chocksett Middle School gym. \$25/season Sterling residents, \$30/season non-residents.

**High School Pick-Up Basketball** – Grades 11 to 12, Mondays until March 28, 7:15 to 8:30 p.m. Chocksett Middle School gym. \$25/season Sterling residents, \$30/season non-residents. Grades 9 to 10, Tuesdays to March 29. Houghton Elementary School gym. \$20. Must be registered by parent or guardian if under 18.

**High School Pick-Up Basketball Tournament** – Grades 9 to 12, Friday, March 18, 6 to 9 p.m. Chocksett Middle School gym. \$10 for students not enrolled in pick-up basketball program. Limited enrolment. Sterling residents only.

**Naga Fitness with Gina at 1835 Town Hall** All classes are \$10 each or any 10 classes/\$90 paid in advance.

**Kettlebells** – Wednesdays, 7 to 8 p.m., and Saturdays 8 to 9:15 a.m.

**Power Yoga** – Saturdays, 9:30 to 10:45 a.m.

**Beginner/Intermediate Yoga** – Wednesdays, 5:30 to 6:45 p.m.

**RANDOM BURNER SERVICE**

- Oil Burner Service
- Certified **Roth Oil Tank** Installer
- 24-Hour Emergency Service
- Burner Installations and Repairs

**Free Estimates**  
**1-978-630-1430**



License #057441 • Fully Insured

**New Listings**



**\$244,900 - Sterling**

20 Redstone Place, Sterling, MA

**Open House Sunday, Feb. 28th**  
**12pm-2pm**

**Karen Packard 978-407-2568**



**\$363,000 - 26 Birch Drive Petersham MA**

Immaculate Barna log home features open floor plan, 3 bedrooms, 2 full baths, granite, hardwoods, master suite with loft, 4 season sunroom, fieldstone fireplace and so much more. Built with integrity, this home is finished with plastered walls, beautiful fixtures and designed for a comfortable lifestyle.

**Diane DeCiccio 978-502-6225**



**\$389,900 - Sterling**

Spacious ranch with attached apartment-all easy access. Versatile floorplan - Can be setup many different ways  
4 bedrooms, 4 baths total

Perfect in-law or rental apartment  
**Laurie Kraemer 978-400-6932**



**\$247,000 - Ashburnham**

WATERFRONT Home with Sandy Beach!!

Enjoy ALL seasons with peaceful views of Lower Naukeag Lake. Enjoy 6 rooms, 1 1/2 baths, and a walk-out basement to your waterfront. 3 bay drive through garage!! Located on dead end street with ease of access to everything you need! All ready for quick sale with Title V complete and passed! .

**Susan Laakso-Leblanc 978-265-1420**



**Lauren Demerjian**  
REALTOR®. CRS,  
SRES, CBR, ASP, SFR,  
Broker/Owner  
508-320-8606



**Laurie Kraemer**  
REALTOR®, SRES, ABR  
978-400-6932  
lauriekraemer@hotmail.com  
www.wachusethomes.com

**\$240,000 - Barre**

3 Bedroom 2 Bath Cape

Updated Cape within walking distance to town center. Set on 4 acres with a large backyard, you will have plenty of space for outdoor activities. With only two owners, this home has been lovingly maintained and updated. Filled with charm, bright sunny rooms, gleaming hardwoods throughout.

**Lauren Demerjian 508-320-8606**



**Karen Packard**  
REALTOR®  
978-407-2568  
kpackardrealtor@gmail.com  
www.opendoor-re.com



**Diane DeCiccio**  
REALTOR®, ABR, LMC, GREEN  
978-502-6225  
d.deciccio@comcast.net  
www.opendoor-re.com



**Nancy Castagna**  
REALTOR®  
508-320-3927  
njcastagna@yahoo.com  
www.opendoor-re.com



**Kristen Cormier**  
REALTOR®  
978-852-8842  
r-kcormier@comcast.net  
www.opendoor-re.com



**Susan Laakso-Leblanc**  
REALTOR®  
978-265-1420  
suelakleb@comcast.net  
www.opendoor-re.com



**11 Main Street, Sterling**  
**www.opendoor-re.com**  
**978-422-5252**



**Cara Casamasima**  
REALTOR®  
508-981-0282  
clcreator@gmail.com  
www.opendoor-re.com



**Karen Manning**  
REALTOR®  
508-873-0150  
manningk@comcast.net  
www.opendoor-re.com



**Marsha H. Bodine**  
REALTOR®, ABR  
978-660-7388  
marsha.bodine@comcast.net  
www.opendoor-re.com

**Senior Center NEWS**

The Sterling Senior Center is located in the Butterick Municipal Building at 1 Park St. Office hours are 8:30 a.m. to 2:30 p.m., Monday to Thursday, and 8:30 a.m. to noon on Friday. For more information or to register for programs call 978-422-3032. There is an answering machine available 24 hours a day.

The Sterling Senior Center serves lunch at 11:30 every day. Anyone over 60 is welcome to come and eat. Call 978-422-8022 for a reservation the morning before you want to come. Home meal delivery available daily. \$3 suggested donation.

**State Primary** – Tuesday, March 1. It’s time to get out and vote. Make your voice count. Van available during

the afternoon to provide rides to the polls.

**Movie** – Thursday, March 3, 1 p.m.

**SHINE counselor** – Wednesday, March 9, a counselor will be available to answer health insurance questions. Appointment required.

**Taste of Sterling** – Sunday, March 13, 4 to 6:30 p.m., Sterling National Country Club. Hosted by Friends of Sterling Seniors.

**Glenshane Irish Folk Duo** – Monday, March 14, 1 p.m. Jean and John Nesbitt return to perform Irish songs and stories. Refreshments following the performance.

**Irish Step Dancers** – Wednesday, March 16, 12:30 p.m. Celebrate Irish dance and culture with a variety of Irish dances to traditional and modern Irish music.

**Elder Keep Well Clinic** – Thursday, March 17, noon.

**Book Club** – Thursday, March 24, 12:30 p.m. This month’s selection is The Art of Hearing Heartbeats by Jan-Philipp Sendker. All are welcome.

**Pancake Breakfast** – Friday, March 25, 7:30 to 9:30 a.m., at the Senior Center. Enjoy pancakes, sausages, tea breads, fruit cup, juice, and coffee, hosted by the Friends of Sterling Seniors. \$2. All are welcome.

**Internet-accessible computers are available for use.**

**A pool table is available for impromptu games.**

**We provide transportation in our senior van.**

\$1 roundtrip in town, \$2 roundtrip out of town. No charge for transportation to the Senior Center. Call 978-422-3032 at least 48 hours in advance to make a reservation.

**COUPON**  
**\$10 OFF**



**HIGH COUNTRY**  
WORKWEAR  
*Gotta Get Your Workwear On*

• Work Boots • Work Clothing • Medical Wear •  
**Any Purchase of \$60 or More.**  
Not valid with any other offers. Expires March 31, 2016.

**978-534-0969**  
155 Hamilton Street, Leominster MA 01453  
www.highcountryworkwear.com

**ELITE**  
**TURF CARE**  
*Fully licensed and insured*

Snow Plowing	Roof raking/ Ice melt
Lawn Care	Core Aeration/Overseeding
Pest Control	Mosquito spray
Plantings	Tree Removal

www.eturfcare.com      Email:anthony@eturfcare.com  
**978-537-4912**



**Minuteman Press**  
*The First & Last Step In Printing.*

**Color Copies • Blueprint Copies • Business Cards**  
**Forms • Brochures • Promotional Items**

Save time... send files electronically!  
www.mmpressfitchburg.com



**EVERY DOOR DIRECT MAIL**  
**FLYERS AND POSTCARDS**  
**DESIGN AND PRINTING**

**386 Summer St., Fitchburg, MA • 978-345-0818**

**STERLING Rare Coin**

*We Buy and Sell*

Gold • Silver • Platinum  
Coins and Currency Collections  
Jewelry • Watches • Silverware  
Comic Books • Antique Collectibles



**Banks Recommend Us**

Confidential Appraisals Available by Appointment

*“We Operate by the Golden Rule”*

50 Leominster Rd. (Rte. 12) • Dunkin’ Donuts Plaza  
Tues.-Fri. 10-5, Sat. 9-1, or by appointment  
978-422-8228 or 508-450-1282 (cell)



## Senior Center NEWS

On Wednesdays, the senior van takes seniors on shopping trips to Walmart, Kmart, The Mall at Whitney Field, and other locations. For more information, call 978-422-3032.

The van is available to take seniors to appointments on Monday and Friday mornings, and on Monday, Tuesday, Thursday, and Friday afternoons.

### Be a good neighbor

Remember to check in on friends, family, and neighbors during the cold weather months, especially those most susceptible to extreme temperatures and power outages, such as seniors and those with access and functional needs.

### New Senior Center, new programs

A host of new programs are planned for the new Senior Center. These programs will begin during April and May. Call 978-422-3032 to sign up for the new classes.

**Beginners French** – Norman Plourde will teach this 8-week course on Tuesdays and Thursdays, 11 a.m. to noon, starting April 5. Free.

**Knitting/Crocheting** – Fridays, 9 a.m. Donations will be given to a charity.

**Open coloring** – Adult coloring is a great way to relieve stress and unleash creativity. Tuesdays and Thursdays. Free.

**Pitch, Poker, and Cribbage** – Pitch and poker on Mondays, 1 p.m. Cribbage on Wednesdays, 1 p.m.

**Chair Pilates** – In addition to chair yoga class, we will offer a chair pilates class with Jennifer Davidson on Tuesdays, 11 a.m. \$5/class.

**Yogalates** – Jennifer Davidson will teach a combined yoga/pilates class. Thursdays, 6 to 7 p.m. \$80/8-week course.

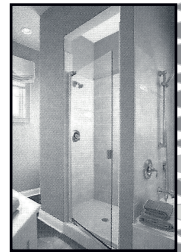
**Journaling to Tell Your Life Story** – Sterling Meetinghouse News editor Lex Thomas will show you how to organize your thoughts, keep track of memories, and compile them into a journal for yourself and others. Fridays, 10:30 to 11:30 a.m., starting May 6. \$5/class.

**Art Studio: Try it Out!** – Suzanne Hauerstein will help you to get creative and try your hand at a different art technique each week in a friendly, relaxed atmosphere. All supplies included. No experience needed. \$50/5-week course.

## Central Glass Co.

Family-owned for over 50 years

- We Repair Windows & Screens
- Custom Table Tops & Mirrors
- Auto Glass & Side View Mirror Glass
- Shower & Tub Glass Enclosures
- Plexiglass and More!



127 Mechanic Street, Leominster  
978-537-3962 • Monday-Friday 8-4



### William R. Southworth, D.M.D.

*Specialist in Orthodontics*

Nashaway Medical Building  
225 Leominster Road (Rte. 12), Sterling  
(978) 422-7400

## 11th Annual Easter Egg Hunt

at The Cider Mill

“Oh My Gosh” Antiques & Collectibles  
Sunday, March 27 • 11am to 3pm

**FREE Photos with the Easter Bunny!!!**

Find a Golden Egg –  
Win a Big Basket!



REFRESHMENTS

15 Waushacum Ave., Sterling • (978) 422-8675  
Open 7 Days a Week 11am to 5pm • Tues. & Thurs. till 8pm

## WJG Painting

Custom Residential Services

**Interior & Exterior**

Power Washing • Interior Repairs

Fully Insured • Free Estimates

Grincar@comcast.net

**Wayne J. Grinkis • 978-422-8690**

## Gardening workshop sponsored by Sterling Grange

Spring thoughts will abound at the "Ins and Outs of Backyard Gardening" workshop Saturday, February 27, 10 a.m., at First Church in Sterling. Dr. Stephen Herbert, a professor at UMass Amherst Stockbridge School of Agriculture, and Ken Oles, Vice-President of Agriculture in the Classroom, will address topics including preparing the soil, selecting what and when to plant, fertilizing, contending with weeds and insects, and use of containers and other gardening methods of gardening. Funded through a Massachusetts State Grange Agricultural Education Grant.

A lunch of corn chowder, sandwiches, potato chips, beverage, and dessert will be served at noon. Adults \$7, children under 12 \$3.50. Proceeds benefit the Grange Hall Renovation Fund. For lunch reservations, call 508-886-2341 or email name and number of tickets to sterlinggrange53@gmail.com. All are welcome to attend one or both events.

## Sterling RTC meeting

The Sterling Republican Town Committee will meet on Monday, February 29, 7 p.m. at 1835 Town Hall, Room 1, first floor. For more information, contact loret.schur@gmail.com or call 978-368-8923.

## Green-Rainbow Party Regional Convention

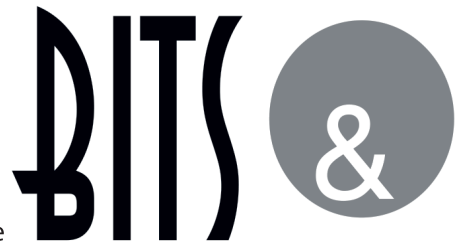
"Stand Up for the 99% - Go Green in 2016" at the Region 2 (Central MA) Green-Rainbow Party Convention on Saturday, March 5, 1 to 3:30 p.m., in the Saxe Room, Worcester Public Library, 3 Salem Square, Worcester. The agenda includes guest speakers Elaine Mroz, who will talk about stopping new gas pipeline construction, and Phil Stone, discussing the movement to end mass incarceration, as well as voting by those registered GRP ("J") for State Committee positions and the opportunity to meet local chapter members. Free and open to the public. For more information, contact cochair@nrgr.org or visit green-rainbow.org/2016\_regional\_conventions.

## American Legion meeting

There will be a regular meeting of the Hiram O. Taylor Post 189 of the American Legion on Monday, March 7, 7:30 p.m., at the post hall, 32 School St., Sterling. Hamburgers served at 6:30 p.m. E-board Saturday, February 27, 10 a.m. Sterling Association drawing at meeting.

## The Craft of Metal Detecting

The Sterling Historical Society will hold a program on Tuesday, March 8, 7 p.m., in the Sterling Legion Hall, 32 School St. Local resident Dan Thi-beault will present relics he and his son have discovered underground in Sterling. For more information, call 978-422-6139 or email loret.schur@gmail.com. All are welcome.



## Caucus of Sterling Democrats

Sterling Democrats are encouraged to attend and vote in the Democratic caucus on Saturday, March 12, 9 a.m., in the Butterick Municipal Building, 2nd floor. The purpose of the caucus is to choose and send delegates to the Democratic State Convention at the Tsongas Center in Lowell on June 4. For more information, call 617-939-0800.

## Sell your home in 60 days

Karen Packard from Open Door Real Estate in Sterling is offering a seminar on the do's and don'ts of selling your house. She has developed a 60-day process to make selling your home faster, easier, and more organized from start to finish. Packard will prepare sellers for the real estate market, and discuss curb appeal, staging, and what to ask when interviewing real estate agents. Saturday, March 12, from 10 to 11 a.m., at the Open Door office located at 11 Main St., Sterling. Limited seating. To reserve a seat, contact Karen Packard at 978-407-2568 or kpackardrealtor@gmail.com.



**Paula Meola**  
Dance & Performing Arts, Inc.


- Dance
- Music
- Voice
- Theatre

---

**LARGEST PROFESSIONAL FACULTY IN  
CENTRAL MASSACHUSETTS**

50 Leominster Road • Sterling • 978-422-6989  
www.paulameoladance.com  
Email: office@paulameoladance.com

**Dr. John T. Mooney**  
Doctor of Optometry



**LEOMINSTER**  
**Optometric Associates, Inc.**

---

23 Mill St. (near intersection of Routes 12 & 13)  
Leominster • 978-537-5546

# PIECES...

## Lyme Foundation meeting

The Central Mass Lyme Foundation will hold its monthly meeting on Saturday, March 12, 1 to 3 p.m., at the Unitarian Universalist Church, 90 Holden St., Worcester. Guest speaker is naturopath Helen Fu. For more information, call 1-888-511-LYME, or visit CentralMassLyme.org.

## Railfair 2016 Model Train Show

The Nashua Valley Railroad Association is hosting its 51st Annual Railfair 2016 Model Train Show and Open House on Sunday, March 13, 10 a.m. to 4 p.m. at Shirley Middle School, 1 Hospital Road, Shirley, and Association Quarters, Phoenix Park Complex, 2 Shaker Road, Unit E-205, Shirley. Admission \$5 adults, \$4 seniors and teens. For more information, visit nvrra.com.

## Sterling Garden Club presents Pollinator Garden

Celebrated author, photographer and landscape designer Kim Smith will present a stunning slide show and lecture demonstrating how to create a welcoming haven for bees, birds, butterflies, and other wildlife at

the Sterling Garden Club's monthly meeting on Thursday, March 17, 9:15 a.m., in the Houghton Room, First Church in Sterling. All are welcome and encouraged to attend. Meetings are held on the third Thursday of each month, September through June. For information, contact Sheila Battles at 978-422-8527 or visit [gcfm.org/sterlinggardenclub](http://gcfm.org/sterlinggardenclub).

## Type 1 diabetes information and support

Do you have a Type 1 diabetic child, or know someone who does? Here's an opportunity to come and meet your neighbors and friends. Representatives will be available from the Barton Center for Diabetes Education and the American Diabetes Association on Tuesday, March 29, 6:30 to 8:30 p.m., at Hope Chapel, 35 Chocksett Road, Sterling. Discussions will include teens and going off to college, driving, alcohol use, diabetes burnout, non-compliance, and camps. Childcare is available and teens are welcome. Families with type 1 diabetics of all ages are welcome. For information and to register contact Laura Ricci at 978-422-8838.

## Happy Travelers flyer now available

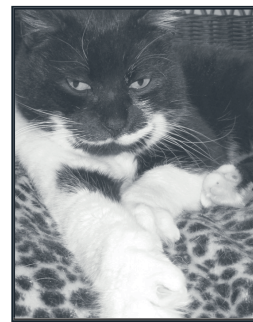
The Happy Travelers, bus trips for the 50+ traveler, has an exciting roster of day trips throughout 2016. All day trip pricing includes driver

and escort, gratuity and cancellation waiver. To request a copy of the 2016 schedule, call 508-835-4312 or email [glady2@verizon.net](mailto:glady2@verizon.net). Flyers are also available at the Sterling Senior Center.

## Nar-Anon support group

A Nar-Anon family support group meets every Thursday, from 7:15 to 8:30 p.m., at St. Richard's Downstairs Chapel, 4 Bridge St., Sterling. Nar-Anon is a 12-step group for family and friends of those addicted to drugs.

## Bright eyes, bushy tail



Contributed PHOTO

Statia

Statia is a gorgeous 2-year-old lady with medium length fur and a bushy tail. She's a quiet girl and loves people.

Her veterinary work is completely up to date. She's leukemia negative, spayed, and has a microchip. Adoption fee is \$150. All our cats are placed as indoors-only pets. For more information, or to schedule an appointment to meet Statia or any of the kitties, email [Marilyn@neadycats.org](mailto:Marilyn@neadycats.org), or call 978-422-5116.

### SP Moro Painting



- Interior
- Small Exterior
- Handyman Repairs

**Stephen Moro** - Fully Insured and Licensed HIC

Quality    Dependability    Integrity

[stephenpmoro@gmail.com](mailto:stephenpmoro@gmail.com)

**978-618-1832**

Fully Insured



### A.R.I. GROUNDS MAINTENANCE

978-514-4403

**Snow Plowing / Removal**

- Lawn maintenance/Mowing
- Mulch
- Plantings / Pruning
- New lawn installations

[ARIGroundsMaintenance@yahoo.com](mailto:ARIGroundsMaintenance@yahoo.com)

# S.J.M. Home Improvement Property Maintenance



Complete Remodeling  
Finish Work  
Custom Carpentry  
Kitchens • Baths  
Doors and More

**Steven J. Milliard**  
Fully Licensed and Insured

Free Estimates and Reasonable Rates  
HC and CSL

Let Us Handle All of Your Home Improvements

Phone: 508-769-5917 • Fax: 508-835-4383

Email: [sjmhomeimprovement@hotmail.com](mailto:sjmhomeimprovement@hotmail.com)

[sjmhomeimprovement.com](http://sjmhomeimprovement.com)

When you need  
a break from caregiving,  
our adult day care  
is there for you.



**One Day Free Trial!**  
You can try our adult day program  
for 1/2 a day for FREE.

### Caregivers Support Group

Please join our FREE monthly support group on the second Tuesday of each month from 6-8pm. A light dinner will be provided. The support group is open to the public. RSVP to Debbie Williams at 508-853-8180.

### The Adult Day Club at Dodge Park

101 Randolph Rd., Worcester, MA

Call Ben or Mike at 508-853-8180 for a Free Tour  
or your Free Trial.

Day Club Available 7am-7pm, Seven Days a Week.

Visit Us on the Web at [www.DodgePark.com](http://www.DodgePark.com).

# Does Your Deck Need Improvement?

CALL NOW to Plan Ahead for Spring and Summer.



- Kitchen and Bath Remodeling
- Replacement Windows and Doors

**Got a Problem? I Can Fix It!**

**Paul's Fix-It-All**



- Exterior Trim Rot Replacement
- Decks • Porches

Free Estimates • Fully Insured • HIC #171108 • References Available • 7 Princeton Rd., Sterling  
Paul Higgins • Day Phone: 978-870-7208 • Nite Phone: 978-422-8536 • [pvhtsh@verizon.net](mailto:pvhtsh@verizon.net)